

NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1 pm RC Yacht Club 5 pm BBQ Night	2 7 am Disco Abs 10:30 am Water Exercises 12:45 pm Bridge 7 pm Cribbage 7 pm Music Monday w/ 2 Smooth	3 7 am Disco Abs 9 am Yoga w/ Esther 10:00 am Pickleball 10:30 am Water Exercises 5 pm Taco Night 7 pm Euchre 7 pm Bingo	4 7 am Disco Abs 10:30 am Water Exercises 3 pm Pizza Night 7 pm Apple Computer Club	5 7 am Disco Abs 10:00 am Pickleball 10:30 am Water Exercises 5 pm Nude Night Lakeside 7 pm Euchre	6 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 5 pm All You Can Eat Pasta 6 pm Bar Trivia 7 pm Piano Bar w/ Glenn Mack	7 8 am Garage Sale 6 pm Bar Trivia 7 pm Super Mega Trivia 3000 8 pm Welcome Back Snowbirds Dance with Dancing Shoes
Welcome Back Snowbirds						
8 10 am Camera Club 5 pm BBQ Night	9 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 12:45 pm Bridge 7 pm Cribbage 7 pm Music Monday w/ Peter Alden	10 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 9 am Yoga w/ Esther 10:00 am Pickleball 10:30 am Water Exercises 5 pm Taco Night 7 pm Euchre 7 pm Bingo	11 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 3 pm Pizza Night	12 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 10:00 am Pickleball 10:30 am Water Exercises 5 pm Nude Night Lakeside 7 pm Euchre	13 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 6 pm Bar Trivia 7:30 pm Crab Race 8 pm Karaoke Party w/ Regis	14 6 pm Bar Trivia 7 pm Super Mega Trivia 3000 8 pm Gangster Dance with DJ Brenda 9 pm Gangster Costume Contest
Gangster Weekend						
15 10 am Flu Shots 1 pm RC Yacht Club 5 pm BBQ Night	16 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 12:45 pm Bridge 7 pm Cribbage 7 pm Music Monday w/ The Danny & Jim Show	17 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 9 am Yoga w/ Esther 10:00 am Pickleball 10:30 am Water Exercises 5 pm Taco Night 7 pm Euchre 7 pm Bingo	18 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 3 pm Pizza Night 7 pm Apple Computer Club	19 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 10:00 am Pickleball 10:30 am Water Exercises 5 pm Nude Night Lakeside 7 pm Euchre	20 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 6 pm Bar Trivia 7:30 pm Crab Race 8 pm Streak at Cheeks w/ DJ Xavier	21 6 pm Bar Trivia 7 pm Super Mega Trivia 3000 8 pm Johnny Cash Tribute Show w/ Live Music by Keith Coleman
Johnny Cash Weekend						
22 5 pm BBQ Night	23 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 12:45 pm Bridge 7 pm Cribbage 7 pm Music Monday w/ Jim From The Dukes	24 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 9 am Yoga w/ Esther 10:00 am Pickleball 10:30 am Water Exercises 5 pm Taco Night 7 pm Euchre 7 pm Bingo	25 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 3 pm Pizza Night	26 7 am Disco Abs 9 am Stretching & Strengthening w/ Freda 10:00 am Pickleball 10:30 am Water Exercises 4-8 pm Thanksgiving Dinner 7 pm Euchre	27 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10 am Water Exercises 6 pm Bar Trivia 7:30 pm Crab Race 8 pm Strip @ Scuttlebutts w/ DJ Ron	28 6 pm Bar Trivia 7 pm Super Mega Trivia 3000 8 pm Strip @ Scuttlebutts w/ DJ Xavier
Thanksgiving Weekend						
29 5 pm BBQ Night	30 7 am Disco Abs 9 am Stretching & Strengthening w/ Phyllis 10:30 am Water Exercises 12:45 pm Bridge 7 pm Cribbage 7 pm No Monday Music					